

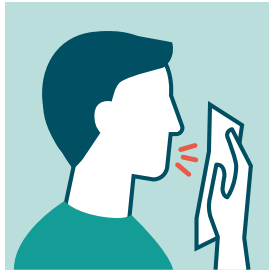
How to Protect Yourself and Others

For many people, the shelter is home - be prepared to take in people who may have symptoms, and to protect others who must share the same facility.

Protect Yourself



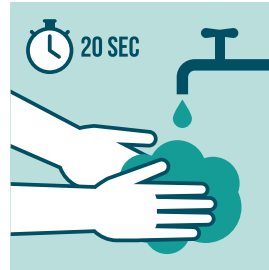
AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK. CLOSE CONTACT = ABOUT 6 FEET.



COVER COUGHS AND SNEEZES. IF YOU USE A TISSUE, THROW IT IN THE TRASH.



AVOID TOUCHING THE EYES, MOUTH, AND NOSE.

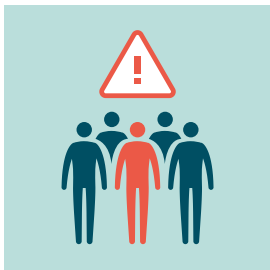


WASH YOUR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS. IF SOAP AND WATER ARE NOT AVAILABLE, USE ALCOHOL-BASED HAND SANITIZER.



IF YOU ARE IN CONTACT WITH SICK CLIENTS, WEARING A FACE MASK OR RESPIRATOR MAY LOWER YOUR RISK.

Protect Others



ENCOURAGE THOSE WHO ARE SICK TO AVOID OTHERS.



IF PEOPLE WHO ARE SICK WEAR FACE MASKS OR RESPIRATORS IT MAY LOWER THE RISK TO OTHERS. FOR PEOPLE AT THE HIGHEST RISK, WEARING A FACE MASK OR RESPIRATOR MAY LOWER THEIR RISK.



MAKE SURE HAND WASHING SUPPLIES ARE EASY TO FIND AND USE.



REGULARLY CLEAN AND DISINFECT CONTACT SURFACES. THE VIRUS CAN EXIST FOR MANY HOURS ON SURFACES.



ON SURFACES, USE A DETERGENT OR SOAP AND WATER FIRST. THEN, USE A DISINFECTANT.

Share accurate information about COVID-19, without increasing fear.